

Our Team

MEGHAN WONG

MEGHAN WONG, MScPT



Occupation: Registered Physiotherapist + Acupuncture provider, Clinic Director of the Aurora clinic

About me: I was a competitive dancer for 13 years and current dance instructor at Elite Danceworx. I also play volleyball + practice yoga.

Special Interests: Knowledge of the physical requirements of dance (flexibility, turnout, balance, endurance and alignment) and observations of improper movement patterns that can lead to problems. As well as education on the specific moves that are required in dance.

Meghan is an alumni of Queen's University and Wilfrid Laurier University, with a Masters of Science in Physical Therapy and a Bachelor's Degree in Kinesiology. She has taken courses in acupuncture, Soft Tissue Release, the Mulligan Concept, Acrobatic Arts and manual therapy. Meghan comes from a background of competitive dance, and continues to stay active playing volleyball, practicing yoga, dancing, and going to the gym. Meghan uses her various experiences to provide a holistic approach to physiotherapy treatment.