

How to Be a Sport Parent

Presented by Efan Gonsalves CAT(C), PT
Honsberger Physiotherapy & Biomechanics Clinic

Learn more about:

- Concussions
- Sports injuries for children
- Ice, heat and proper exercise
 - Growth plate injuries
- Guidelines for Safe Sports
- How to be a Sport Parent

Thursday Feb 16th 7-8:30 pm

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RSVP by Feb 13th

