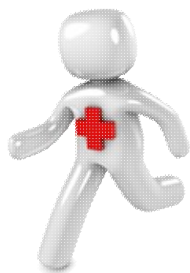


Injuries and Conditions



Welcome to the Honsberger Physio+ Patient Education Resources.

We look forward to working with you to reach your goals in health and well being.

This section of our website is designed to provide you with educational information on injuries and conditions.

To explore our educational content, please use the navigation menu.

Our Injuries and Conditions resource is for informational purposes only. Please do not diagnose, self treat, or attempt any exercises from the content on this site without contacting your therapist at Honsberger Physio+, your physician or a qualified specialist first.

At Honsberger Physio+ we offer:

- + Physiotherapy
- + Massage Therapy
- + Athletic Therapy
- + Sports Performance Programs
- + Baseline Concussion Testing and Recovery
- + Visceral Therapy
- + Manual Therapy
- + Acupuncture and Dry Needling
- + Sports Specific Testing + Fitness Training
- + Vision Training in our Vision Performance Centre
- + Seniors Programs
- + Workplace Injury Prevention + Ergonomics
- + Custom Orthotics and Braces
- + WSIB and MVA Therapy

For more information contact us at programs@honsbergerphysioplus.com

We look forward to hearing from you!