

Our Team

EFAN GONSALVES

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Occupation: Registered Physiotherapist, Clinical Director of the Markham clinic and Corporate General Manager

About me: I have lectured in topics including the "Sport Parent Program", Advanced Concussion workshop for Sports Trainers, Concussion Management, and ACL injury prevention for female athletes.

Special Interests: Concussion management, children's injuries, brain & learning, and sports performance training. Efan directs our Concussion Solutions and is very involved in all aspects of concussion management from education to baseline testing, and post concussion treatment.

Efan has over 20 years of experience in the fields of orthopaedics and sports medicine. He is a Registered Physiotherapist with a degree from McMaster University and is graduate of the Sports Injury Management (Athletic Therapy) program at Sheridan College. He has also completed all five levels of the CPA Manual and Manipulative Physiotherapy program, and obtained his Intermediate Manual and Manipulative Therapy Certificate. In addition, he has taken courses related to Visceral Manipulation, Manual Nerve Mobilization, Concussion Management and Sports Injuries. He can be seen in the community running education workshops especially in the field of Concussion Management. Efan has worked with all levels of clients, including professional baseball players, and elite figure skaters and track athletes.