

Our Treatments

Live Better

Better Moment #40

BEING ABLE TO MAKE THE DANCE RECITAL

We help you prevent and recover from injuries occurring in everyday life situations and activities such as gardening, shoveling snow, slips and falls, walking or lifting things around your home.

Have you experienced a fall, a head impact or a vehicle accident? Protect and recover from a head injury with neurocognitive training and a whole-body rehabilitation approach to concussion recovery and baseline testing.



- Concussion Recovery
- Injury Recovery
- Athletic Therapy
- Balance Programs
- Vestibular Rehabilitation
- Active Aging Programs
- Neurocognitive Testing

Our Live Better services are designed to evaluate your strength, neurocognitive performance and range of motion to treat pain, avoid injury and enjoy maximum mobility. We offer a variety of treatments, plus concussion recovery and active aging programs to help keep your brain and body active, so you can continue to live a healthy and productive life.

WHAT IS YOUR BETTER MOMENT?

Going for our walks again



Active Aging Programs

Making my graduation



Concussion Recovery

Getting my
old self back



Balance Programs

