

Our Treatments

Services

Honsberger Physio+ is proud to offer a wide range of services to help our clients Live Better, Feel Better, Work Better and Perform Better!

Physiotherapy ...

Initial Assessment

30-minute session

60-minute session

We accept WSIB and MVA cases, please call to book.

Registered Massage Therapy ...

30-minute session

60-minute session

We accept WSIB and MVA cases, please call to book.

Athletic Therapy + Athletic Training Treatments ...

Initial Assessment

30-minute session

60-minute session

At-Home Services ...

60-minute Physiotherapy

60-minute Registered Massage Therapy

60-minute Athletic Therapy

60-minute Personal Training

Concussion Management ...

Baseline Concussion Testing (30 minutes)

Individuals, Teams + Student Athletes (public and private schools - elementary, secondary and post-secondary)

Preferred group pricing available, conditions apply, for more information please email programs@honsbergerphysioplus.com

Vision Training ...

Baseline Assessment (30-minutes)

30-minute session

60-minute session

5, 10 and 15 session packages available, for more information please email chris@honsbergerphysioplus.com

Personal Training ...

Initial Assessment

30-minute sessions

60-minute sessions

5, 10 and 15 session packages available, for more information please email chris@honsbergerphysioplus.com

Athlete Development Programs ...

Individual + Team

**Hockey, Baseball, Basketball, Football, Soccer, Volleyball, Ringette, Lacrosse*

Golf Specific Training Programs ...

Exercise Programs + Personal Training

In-season + Off-season

Bike Fitting/Cycling Assessments (1 hour)

On-Site Private Club Therapy Services ...

We currently offer services exclusively for members at the Toronto Cricket Skating & Curling Club, Oviinbyrd Golf Club and Hamilton Golf and Country Club. Interested in learning more?

Please email programs@honsbergerphysioplus.com

Ergonomic Assessments (1 hour)

All types of workstations - in office and at home

Ergonomic Consulting

Preferred group pricing available, conditions apply, for more information please email

programs@honsbergerphysioplus.com

Independent Medical Evaluations (1- 4 hours)

Functional Assessment Evaluations (1 - 4 hours)

Physical Demands Analysis (1 - 4 hours)

Employee Screening

Corporate Wellness Programs ...

On-site therapy

Lectures

Lunch + Learns

Personal + Group Training

Custom Orthotics ...

Orthotic Assessment (60 minutes)

Orthotic Follow Up (30 minutes)

**Typically 2 week lead time for creation*

Custom Bracing ...

Brace Assessment (60 minutes)

Brace Follow Up (30 minutes)

**Typically 2 week lead time for creation*

For more information on our programs, for pricing or to book an appointment please call one of our clinics.

Phone numbers listed below.